MEMORY CARE KITS
Connecting you with your loved one

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Kits are funded thanks to support from the Western Regional Wellness Coalition Community Grant

https://westernwellnesscoalition.com/
What is a Memory Care Kit?

Memory Care Kits are designed for the caregiver whose loved one is experiencing memory loss. The unique items included in each kit encourage conversation and provide positive, engaging interactions between the caregiver and their loved one. For the person experiencing memory loss, games and puzzles are included to keep their mind active and engaged. Some items are intended to spark memories of life experiences and allow them to reminisce on favourite pastime activities or special times.

How many weeks can I borrow a kit?

Each kit can be checked out for up to three (3) weeks. Kits can be renewed one (1) time.

Can I return the kit to another location?

The kits must be returned to the Corner Brook Public Library during their open hours. Due to their size, kits cannot be returned in the drop-box.

What's included in each kit?

Each kit is uniquely themed and can include:
- a book specifically for the caregiver to provide guidance and information
- a CD and/or DVD to spark memories
- a photo book to encourage reminiscing
- a jigsaw puzzle
- an interactive game or activity
- conversation cards
- information list of community resources
- book lists for the caregiver seeking more information

What if I lose an item from the kit?

We understand items may get lost. If you lose an item please let staff know when you return the kit.

Who can I contact if I need more information or if I'd like to fund a kit?

Contact Natasha Wells, Regional Librarian, at nwells@nlpl.ca or 634-7368.